February 2013 Volume 18.1

Smoke Signals II

Smoke Signals is a Publication of the Kentucky Firefighters Association

Are You Internationally Certified?

It doesn't matter if you are a career or volunteer firefighter the job must be approached with a professional attitude. A professional attitude will include lifelong learning. What we do as firefighters is inherently dangerous. To stay at the cutting edge of this profession

requires constant learning and evaluation. The learning must be gauged on current standards. It has been proven that you could set a rock in a classroom give it a social security number and if it sits there long enough it could become a certified firefighter in Kentucky if one wanted to bend the rules a little. A system based on number of training hours alone has no meaning if you are wanting to know what your membership is capable of doing.

I challenge you in 2013 to continue learning not just to meet certification requirements, but to become better at your chosen profession whether paid or volunteer. Death is consistent it doesn't care if you are paid or volunteer they are both equally dead. If you have not begun the process of getting your various IFSAC accredited certifications then begin this year. Practice those required skills the way they were intended to be practiced. Read and study the training manuals to understand the "why" behind each skill.

If you have already obtained IFSAC accredited certification then don't stop there. Continue to practice those skills they will only make you better at what you do. You owe it to yourself, your family, and those who fight fire with you to become the very best you can be. It will not only help you save your life but the lives of those who serve with you. Like the Army says "Be all that you can be" join the ranks of the qualified, trained, and internationally certified firefighters! Contact your local Fire Rescue Training Coordinator for more information!



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Notes From The President's Desk Sam Stacy

With the holiday season now behind us we must start working on the legis-

lative session that is now going on in Frankfort. The KFA's top priority for this session will be the pension reform and its effect on not only the fire service but that of all state, county and city employees. Howdy and Gerald will be there to represent us and look after our best interest. The KFA Executive Board will keep everyone informed on what is going on through emails and our website. Pension reform will be a big part of our efforts but we still have to be aware of all the bills and make sure that the best interest of the fire service is served. There may be occasions that your assistance is needed in contacting your representatives or senators on important matters and your help will be greatly appreciated.

The KFA will be having its next Executive Board meeting in Lexington on February 23, 2013 at 9am during the Kentucky Officers School hosted by the Green River Firefighters Association. would personally invite each and every one of you to come out and participate in the meeting and enjoy one of the finest fire schools the Commonwealth of Kentucky has to offer. I especially would like to see all the KFA Directors there to participate in the business of the Kentucky Firefighters Association. The Director's job is to participate in the business and then to take it back to each association to let them know what is going on in the KFA. The KFA is only as strong as the local associations and we encourage you to come out and let your voices be heard.

Plans for the KFA Conference in Ashland on August 3-6 are moving along and most of the meetings and activities are already set. We will be kicking the conference off with the Firefighter Olympics starting on Saturday at Central Park just a few blocks away from the host hotel. We are planning many activities to showcase the Ashland area and to provide fun and entertainment for all those who will be attending. The ladies program should be exciting with so fun entertainment and food being provided for them. As for the golf outing we are making it a little more fun this year with some great prizes being offered for a hole-in-one on a par 3, that being \$25,000 cash. We will also

be providing great food nightly with plenty of time to network with members of departments from all over the state. We will be topping everything off with our business meetings and a great banquet to end the conference on Tuesday evening. Plan now to attend the conference and support the KFA and the new executive board officers.

We are quickly moving into the fire school season and let's all get out there and support our local associations and increase the number of students that are taking advantage of these great training opportunities. If I or any member of the E-Board can be of any assistance to you please let us know and we will do our best to help with whatever the issue is. May God continue to bless those in the fire service that continue to put their lives on the line each and every day to protect others. Be safe out there and God bless.

Sam Stacy, President



From the 3rd VP Jeff Pohlman

Greetings from Northern Kentucky! With the New Year comes newly elected/appointed officers and Chief's throughout Northern Kentucky. The NKFA will maintain the same elected officers in 2013.

President will be John Seitz of Independence Fire District, Vice-President will be Greg Schultz of Ft. Thomas Fire Department, Treasurer will be Val "Bud" Lederer of the Alexandria Fire District, Secretary will be Katie Bryant of the Southgate Fire Department, Trustees will be Bill Birkle (Petersburg Fire Protection District), Rita Hassler (Taylor Mill Fire Department), and Joe Eggemeier (Fire Department Bellevue-Dayton), and Advisor will remain Tim Kleier of the Southgate Fire Department.

There are three new Chief's in Northern Kentucky and our congratulations go out to Dan Matthews who was appointed Chief of the Covington Fire Department, Scott Rigney was appointed Chief of Park Hills Fire Department and Paul Hehman who was elected as Chief of the Melbourne Fire Department.

As a reminder the Legislation Session has begun and as you are aware there are many issues that may involve the fire service to include pension reform and Special Districts. When asked to

contact your Legislators by our lobbyists, please do so. If we do not voice our opinions, the Legislators may take it as though we do not care about the issues.

And finally, I would personally like to congratulate and wish former KFA President, Chief and my good friend John Daley all the best on his announced retirement effective March 1, 2013. I have known John for many years and have had the pleasure to work with him while I was at Newport FD (John was Chief of Bellevue FD) and presently as fellow Fire Chief's of neighboring Fire Districts. I am sure John will still be on our radars and sure he will continue assisting and supporting me with the KFA 2016 Conference.

Please take care and be safe!

Jeffrey 74. Pohlman Fire/EMS Chief Alexandria Fire District



Mike Hulsey President At-Large

As the New Year begins we must take time to reflect on the past year and the year to come. Without a doubt, the first thing that should come to our minds are the ones that

passed on this past year, Bryant Stiles, leaving too soon for example, has left a void in our hearts. We must look at our success and measure them with our failures so that we all can become better in our service.

One of my goals, I hate the term resolution, is to work more efficiently toward the betterment of the KFA. We need to strengthen our membership and partnerships to better serve this Commonwealth.

This being a short year in the legislation, not a lot will be done. The KFA will remain diligent and watch any bills that may affect the fire service and report immediately to all. Our lobbyists have a great working relationship with the KY Chiefs Association, KY Professional Firefighters Association, and the Fire Commission which make all much stronger and a viable force.

Our next meeting in Lexington at the Green River Officers School is set and we would like to see as many as possible of the Directors report to the E-Board at this meeting. Participation in the KFA helps to ensure that every department's voice is heard.

Kudos goes out to the Fire Commission and

Chairman Greg Lowe in recognizing the need and accomplishing the task of redoing the White Book, into a more understandable and friendly document.

Let us all work harder towards keeping the firefighters safer and try to make sure that we do not have to add another name to the wall in Frankfort.

Mike Hulsey

Treasurers Notes

by Duane Suttles

Well, we have made it through another year and with the new year

comes challenges and hopes for prosperous times. Dues are coming in real well and we have over a dozen new member departments so far for 2013. Dues requests went out in October and a reminder to departments that I have not heard from yet this year went out in January. Annual dues remain unchanged at \$85.00, the same as 2011. If you are interested in having a personal membership, fill out the application available in Smoke Signals or find it on our web page at www. kyfa.org . Personal dues are \$25 and membership shows your commitment and support to the fire service. It also provides for your own personal copy of Smoke Signals, mailed to your home, for a year. No more trying to locate the station copy.

During 2011, the KFA began receiving a portion of Firefighter vehicle license plate sales through the Kentucky Transportation Cabinet. The KFA encourages all firefighters to purchase the Kentucky Firefighter license plate when you register your personal auto or truck. This is done through the county clerk's office when you retag your vehicle. Collections were down a little in 2012, so our anticipated revenues were down as well. Please encourage all firefighters to show their pride by displaying a firefighter plate on their POV. By statute, even retired personnel are eligible for a tag, just show a letter from the department you are retired from.

Thanks for taking the time to read this issue of Smoke Signals and If I can be of any assistance or you have an issue for the office of the treasurer, give me a call at 606-922-7671. Be safe.

Duane Suttles
KFA Treasurer



NFPA's Commitment to the Fire **Service: Key NFPA Goals** Russ Sanders, NFPA's Central Re-

gional Director

In my first two articles published in Smoke Signals II, I introduced myself and NFPA and addressed key NFPA goals. In this third article, I will talk about NFPA's code training and support for AHJs, the enforcer funding program, forums and special committees, research and much more.

Codes & Standards - Training and Support...

When a state adopts NFPA 1, Fire Code™, as the state fire code, NFPA provides free training and complimentary codebooks for all AHJs who attend the training. During the first year of the adoption NFPA provides free training on the fire code along with free codebooks and workbooks. In the second and third years of the adoption, NFPA provides additional free training on major codes and standards referenced in the fire code. The second and third year training again comes complete with free code and workbooks. What does this mean for Kentucky? Since 2002 we've provided free training, codebooks and workbooks for over 1,900 AHJs, including more than 600 in NFPA 1 seminars alone. We also provided free training for NFPA 13, 20, 25, 30, 30A, 54, 58, 70, 654, 101 and more. The more than 1,900 AHJs that received this free NFPA training also received free code and workbooks. To put this in monetary terms, let me use NFPA 1 training as just one example. The current catalog price for an NFPA 1 codebook is \$82. The regular price for training for local, state and federal employees is \$325 per student. As you can see, the state of Kentucky, has received approximately \$244,200.00 in complimentary codebooks and training for NFPA 1 alone (600 @ \$82 = \$49,200 for codebooks and 600 @ \$325 = \$195,000for training). And, this example is for NFPA 1 training only. As mentioned above, we also delivered free training and code and workbooks for NFPA 13, 20, 25, 30, 30A, 54, 58, 70, 654, and 101. It is easy to see that the NFPA - AHJ training program has resulted in a significant savings for Kentucky's Fire Service and Kentucky taxpayers. Further, all NFPA codes

and standards can be viewed free of charge on the NFPA website for anyone who has an interest in fire and life safety.

Enforcer Funding Program...

Effective January 2012, NFPA expanded its Enforcer Funding Program to provide 80% reimbursement for travel and lodging expenses for code enforces who are either a full time public employee or a person who acts as an enforcer in his or her capacity as a member of the volunteer fire service. Our goal is to make certain that we have AHJ participation on every NFPA code and standard.

Special Forums and Committees...

NFPA sponsors and funds selected participants to attend four forums – the Urban Fire Forum, the State Presidents Forum and the State Fire Marshals Forum and an annual Electrical Forum. These forums bring experts from throughout the world together to share information, network and learn more about NFPA services, projects and programs.

NFPA has established and funds four Regional Fire Code Committees throughout the U.S. These committees meet regularly to ensure that the fire service voice in our code- and- standardmaking process is loud and clear. Buechel Chief Rick Harrison represents Kentucky on these code committees. In addition, NFPA also sponsors the Building Code Development Committee.

Research & Reports...

NFPA provides numerous research and publication services to support the fire service, such as the Annual FF Death & Injury Report, Fire Investigations Reports, and Fire Data & Statistics Reports. These reports are invaluable tools for fire service leaders.

Fire Protection Research Foundation...

The Foundation is an independent nonprofit whose mission is to plan, manage and communicate research in support of the NFPA mission.

The following are only a few examples of ongoing projects: Power Tool - High Strength Metal Alloys; Cardiovascular Disease Risk for Fire Fighters; Fire/EMS Mobilization Times; Solar Power Systems (Fire Fighter Safety): Hydrogen Safety: Quality Testing Thermal Imaging; PASS & Protective Clothing; Ambulance Crash Data, Unwanted

Alarms and Electric Vehicles (EV).

KFA Smoke Signals II

Let me offer a little more detail on the Unwanted Alarm and EV projects:

Unwanted alarms - the goal is to develop a "Risk-Based Decision Support Tools to Assist Fire Departments in Managing Unwanted Alarms." On August 3, 2012, an on-line Guide to Reducing Unwanted Alarms was released. The guide is free and available to anyone via the NFPA on-line catalogue.

The Research Foundation and our Data Analysis Section are working on developing an assessment tool for local AHJ's to use in evaluating the possible impact of certain strategies to manage unwanted alarms. For example, what is the potential impact (risk to occupants, public, fire fighters) of reduced initial alarm response, delayed response, instituting fines, etc.? The target release date for a beta model is spring of 2013.

Further, recent revisions to NFPA 72 provide new tools for local AHJ's, such as an opt-in feature for AHJ's to allow central alarm stations to delay transmitting receipt of a monitored fire alarm from a commercial structure for up to 90 seconds while verification takes place.

Electric Vehicle project – The initial project is an eight-hour Train-the-Trainer program that is being delivered throughout the country. The actual training program is four hours and deliveries are scheduled in all states. As of September 2012:

2,500 Classroom Trainers have been trained; 11,000 have been trained by trainers:

17,000 have been trained on line;

More than 35,000 fire fighters have now been trained in 37 states

The goal is to complete training in all 50 states by the end of 2012.

The program includes:

- · An overview of EV electrical & safety sys-
- · Identification of electric & hybrid vehicles
- Immobilization process
- Electrical power-down procedures
- Emergency operations (battery fire, submersion)
- · EV extrication awareness, including highstrength steel
- Vehicle fire recommended practices

On May 1, 2012, the FPRF hosted a workshop on "Personal Protective Equipment for Hybrid & Electric Vehicles." (The workshop results are available at the following link: http://www.nfpa. org/itemDetail.asp?categoryID=2571&itemID=57 188&URL=Research/Fire%20Protection%20Research%20Foundation/Reports%20and%20proceedings/Proceedings/)

This workshop report provides information to address significant differences between the personal protective equipment used by the fire service for fighting fires and the PPE used by electrical professionals for handling energized electrical equipment. Specifically, the workshop involved emergency responders and other stakeholders coming together to develop guiding principles and recommended action steps to address the proper PPE for emergencies involving hybrid or electric vehicles, with a focus on minimizing the risk to emergency responders due to hazards involving electrically energized equipment.

In my next and final article, I will write about NFPA's extensive partnerships and public education programs.

Chaplain's Corner

We are now in the grips of a new year. What will this year bring? What new adventures or challenges will you face? Life is full of opportunities and trials. It is important for you to know that you do not have to face those rough times by yourself. Despite the world's attempts to suggest that God is dead, faith is futile and we must forge our way through this world under our own power. I believe that God is very much alive and is interested in your everyday life! When you look at the splendor of the world we live in, its great complexity and the design you must see that it is not the result of random chance the world was created by our creator. Just the complexity of the human body alone will tell you it was intelligently designed. Our world tries so hard to kick God out of our schools and away from our children then it is shocked when Satan convinces a student to shoot fellow students. The God I serve loves you too much to leave you to wrestle with your problems on your own. He wants to get to know you belter. Spend time in His word. Spend time talking to Him in prayer. I dare you to try it, you won't be disappointed!

EDUCATIONAL OPPORTUNITIES

2012 IFSAC SKILLS TESTING SCHEDULE

Date	Area	Location	Phone
3/2-3	7	Cold Springs	888-306-8101
3/16-17	10	Cannonsburg	888-302-2833
3/23-24	3	Owensboro	888-306-8015
4/6-7	9	Maysville	888-301-2946
4/13-14	9	Middletown	888-306-8064
8/17-18	14	Campbellsville	888-234-1780
9/28-29	1	Calvert City	888-306-7901
10/12-13	6	Middletown	888-306-8064
11/2-3	5	Leitchfield	888-234-7201
11/30-12/1	7	Cold Spring	888-306-8101
12/7-8	4	Bowling Green	888-234-5760

Written testing information is available on the Ky IFSAC testing web site at http://www.kyffcert. com. Tests are given at the system office usually on the third Monday of the month. Each time you take the written test you must pay a \$15.00 charge. Contact Duane Suttles for more information about written test location and dates at 888-301-2946. REMINDER: Candidates must be at least 18 years of age and be a member of a Kentucky FD or a fulltime student of Fire Science at EKU or KCTCS to be eligible for firefighter testing. Candidates must bring state issued drivers license or ID card to skills testing site for positive identification and verification of age eligibility. Candidates under 18, may complete any of the written exams, and may certify to Haz Mat Awareness only. All Certifications are based on the Professional Qualification standards set forth by the NFPA for Firefighters, except Haz Mat, which is a Job Performance standard. Our accreditation is through the International Fire Service Accreditation Congress (IFSAC).

Coming Events At a Glance!

Northeast Ky National Fire Academy Weekend

Mt Sterling February 2-3

Kentucky Bryant Stiles Officer's School Lexington February 22-24

Dixie Fire School

Elizabethtown March 9-10

FDIC

April 22-27 Indianapolis

Words of Wisdom

No free man shall ever be debarred the use of arms. The strongest reason for the people to retain the right to keep and bear arms is, as a last resort, to protect themselves against tyranny in government.

Thomas Jefferson

Bryant Stiles Officers School

Lexington Convention Center February 22 - 24, 2013

Friday Only 22

Incident Safety Officer-Train The Trainer Fire Alarm Systems for Firefighters

One Day Course Friday and again Saturday

Fire Alarm Systems for Inspectors

Fire Suspension Systems for Sprinkler Inspectors

One Day Course Saturday and again Sunday

Developing Your Department Honor Guard

Keeping Badges Off the Wall

Risks and Threats to First Responders

Bigger, Hotter, Faster; Fireground Decision Making Introduction to Stress Management & Critical Incident Stress Teams (CIRT)

Saturday and Sunday Courses

Preparing for Initial Company Operations

Incident Safety Officer

Leadership 1 for Fire & EMS: Strategies for Company Success

Leadership 3 for Fire & EMS: Strategies for Supervisory Success

16 Hour—HAZ MAT Incident Command with Table Top Exercise

Politics & the White Helmet

Saturday Only One Day Course

Saving Firefighters - Lives the CRM Approach Case Histories "A Look at Particular Incidents that Shape our Future"

Intelligence Training for the Fire Service Extrication and Stabilization at a Safe Scene

Suburbal/Rural Essentials

Kentucky State Fire Marshal's Update Structural Firefighting with Limited Resources

Courage to be Safe Train the Trainer

Sunday Only Classes

Special Operations for the Fire Service

Kentucky Fire Commission "What Successful Leaders Need to Know"

Developing a Comphrehensive Training Program School Bus Extrication and Heavy Cargo Rescue

Certified Company Inspector Train The Trainer Leadership, Accountability, Culture, and Knowledge (Lack) Training

Structural Tactics wih Limited Staffing

For more information go to http://www.sfrtarea3. org/2013GROS/index2013.htm



Dixie Fire School

KCTCS Elizabethtown KY March 8-10, 2013

Friday March 8th

1 to 4 PM Classes

2012 Emergency Response Guidebook (ERG) Courage to be Safe Fireworks/Pyrotechnics Meth Lab Awareness

1 to 10 PM Classes

EMS Continuing Education

6 to 10 PM Classes

EMS Instructor Evaluator NFPA Hybrid/Electrical Vehicle Safety The Worst Day of Your Career Wildland Firefighting Awareness

7 to 9 PM

Louis Crosier Farm Safety Symposium

Saturday March 9th Only

CPR Instructor

Certified Company Inspector

Hydrocarbon & Ethanol Incidents

Propane Emergencies

Rail Safety for First Responders/Electrical Safety Emer. Traffic Cont. for 1st Responders & Highway Crash Site Mgt.

Saturday OR Sunday

Drivers Training

Fire Behavior/Control (Live Burn)

Hard to Get Firefighters Hours 1, 2, 3, 4

Officer Orientation

On Scene and In Command

Instructor Methodology Update

Saturday **AND** Sunday

EMS Track #1 and #2 Arson 1 (FRS 2074)

Basic Firefighting

Leadership 1 (FRS 2073)

NFPA 1403 - Aguired Structure Burn

NFPA 1403 - Conducting Live Burns

Preparing Initial Company Operations (FRS2016)

Strategy & Tatics for Initial Co. Operations

Basic Rope Rescue

Farm Rescue

Firefighter Survival & Rescue

Vehicle Rescue

Basic Chaplain Course

Sunday March 10th Only

EMS Instructor Orientation/Ethical Issues for EMS School Bus Emergency

Green River Firefighters Association

The 2013 Bryant Stiles Officers School by the Green River Firefighters

is fast approaching. We are putting the finishing touches on an exciting weekend planned for February 22-24 in Lexington. We have 30 classes offering a variety of training topics to enhance your fire service knowledge. The host hotels are filling up quickly, so don't wait to make your reservations. Marc Henderson and his crew are working on a revamped Saturday Evening with the Vendors. Jimmy VanCleve and staff are working diligently on registrations. We had an error in the brochure listing the wrong fax number. The correct number is 270-273-3187. The brochure is available on the web at www.sfrtarea3.org. Feel free to contact the Area 3 office at 888-306-8015 for further information or assistance.

Notes From Fireman Joe

Hope everyone enjoyed a Blessed Christmas Holiday and with 2013 upon us, sure hope it will be a great and prosperous New Year for all of us in the Kentucky Fire Service. Winter is here and we have already had two significant snow falls in Northern Kentucky. With that thought in mind, a special message of safety to all who must protect their communities. Take just a little time to dress warmly and use caution when driving and moving about during this winter season.

Wanted to spend just a few moments to salute and thank Fire Chief John Daley who announced at the Campbell County Fire District # One District Board Meeting he will be retiring in March. Chief Daley has been a true champion and an effective leader of the Fire Service in Northern Kentucky for over forty years. He has served as Fireman, Lt, Capt and Chief of Bellevue, Fire Dept Bellevue-Dayton and Campbell County Fire District # One. He has worked tirelessly on every imaginable Fire Service Committee and Organization, to name a few. Campbell County Educational Association, Served As Vice President and President of the Kentucky FF Assn, a working member of the Northern Kentucky FF Assn of which he was President, Secretary and served on many committees, Training Officer and many more. In my

opinion, his greatest accomplishment was to begin and chair the KFA Hall of Fame Committee. thus recognizing many outstanding leaders of the Kentucky Fire Service. Chief Daley has been a strong family man and with the support of his wife Marilyn and sons, is extremely active in his home community affairs. I am not sure what his plans will be but I am certain he will continue his association with the Kentucky Fire Service in whatever capacity so designated. With that I want to wish Chief Daley much success and best wishes for a joyful and active retirement. On a personal note, Fireman Joe wants to thank Chief Daley for his commitment and support of my own Fire and LIfe Safety Efforts while serving as his Public Education Officer. He has been a good friend and leader to me and my programs, THANK YOU!

I was looking over the Program Book for the upcoming Green River FF Assn Officers School and it looks like they have another exceptional lineup of outstanding and educational classes offerred. I highly suggest all departments strongly consider looking into this excellent training opportunity, I feel confident in saying this school is right up there with classes provided at the FDIC or maybe even better.

So with winter upon us not much else I can report on at this time except to wish everyone GOD's Blessing and Stay Safe!

Fireman Joe



NEW LAW REQUIRES ADDITION-AL TESTING FOR ALL CAREER KENTUCKY FIREFIGHTER CANDIDATES

Versailles, KY – Beginning <u>January 1, 2013</u>, all career firefighter candidates will be required to undergo a physical abilty test.

The candidate physical abiity test (CPAT) will be designed to assess a candidates' ability to handle the physical demands of fighting fires and shall include exercises that stimulate the most common tasks involved in fire suppression.

Exercises for the CPAT will include, but are not limited to: stair climbing, hose drag, equipment carry, ladder raise and extension, forcible entry, search, rescue, ceiling breach, and pull.

The Kentucky Fire Commission will charge a fee of \$125 for all out-of-state firefighter candidates participating in the CPAT. In-state participants will not be required to pay a fee.

Pike County Firefighters Association News

Well another year has come and gone and we are now into 2013. The Pike County Firefighters Association held our annual election of officers in November and our newly elected officials took office January 1. We have had our first association meeting and the mood was very promising with some fresh ideas on how to revive our association. Even our fire school is getting a new face lift. There is much to look forward to even in these economic times. Listed below is our board of directors for 2013.

Randy Courtney President
Lewis Ratliff Vice-President
Wendall Hawkins Treasurer
Jeff Tanselle Secretary **
Ralph Mullins Public Relations**
Darrell Anderson Parliamentary **
** Newly elected board members for 2013.

Randy Courtney, President



Hello Everyone,

I hope your Christmas and New Years were great. As we begin to work in 2013, the Dixie Firefighters Association is bringing together our Spring Fire School.

The school promises to be bigger and better than ever. This year there will be several free classes offered on Friday afternoon and evening to get the education started. The details of these classes can be found on our web site at www.dixiefire-fighter.com and clicking on the fire school registration link. The dates for the school are March 8, 9 and 10, 2013. The school will again be held on the campus of ECTCS in Elizabethtown Kentucky Registration will also be handled on line as a means of streamlining this operation.

The November meeting of the Dixie Fire-fighters Association was a joint meeting with the Green River Association held at the Leitchfield Fire Department at the Ronald Hudson station. The meeting included several door prizes provided by vendors and both associations, a lot of important business and as always, a great meal thanks to the Leitchfield Fire Department. Discussion concerning the Green River Officers School to Owensboro and the renaming of the school to honor Bryant Stiles were topics of discussion. The

crowd of approximately 70 seemed excited to hear the Officer school will soon make its home again in Owensboro. Lexington has been a great host for the school, but it will be great to have the school back where so many of us remember it as home.

The Holidays were darkened by the senseless shootings of firefighters in New York and the killing of innocent children and educators in Connecticut. While the federal government wrangles with the issue of gun control again, firefighters, medics, technicians and police officer deal with the aftermath. Caring for the victims first and then trying to heal themselves, and keep the sanity. No wonder recruitment and retention of firefighters and EMS providers continues to be so difficult. I hope the responders to these emergencies and other scenes of tragedy can heal and continue to respond.

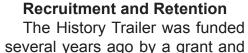
The January Meeting of the Dixie Firefighters Association was held on January 24th at the Meade County Fire Protection District in Brandenburg Kentucky. The report from this meeting will be forthcoming. If you are in the Dixie Region and would like to host a meeting at your department, please contact President Froman Peters at 270-268-6519, or e mail me at Inaser@mcfpd.com and we will be glad to come to your station for a meeting. The goal of the officers is to keep all areas of our region actively engaged and involved.

I hate closing on a sad note, but I would ask you keep Chief Everett Roberts and Firefighter Lori Roberts both of the Central Hardin Fire Department in your thoughts and prayers. Lori's father died January 9th following a lengthy illness. Hope you have a great 2013. More Later

Larry Naser, Secretary Dixie Firefighters Association



KENTUCKY FIRE COMMISSION STATE FIRE RESCUE TRAINING



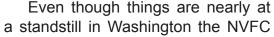
was envisioned to be used as a recruitment tool. A few items were donated and it has traveled the state and appeared at several venues including the Kentucky State Fair, the Governor's Derby Breakfast, several county fairs, and during the past year at several volunteer fire department recruitment fairs.

The History Trailer offers us an opportunity to display our past and honor those pioneers of the Kentucky Fire Service. Several items have been donated or loaned for the purpose of enhancing this mobile museum. The trailer is currently undergoing a Kentucky Fire Commission funded renovation and remodeling. To make this a success, we are in need of several items:

- Your old and/or new fire department patches for a display.
 - Old badges and nametags.
- Pictures (copies) depicting groups, fire or emergency scenes, etc.
- Old helmets and/or helmet fronts.
- Apparatus emblems.
- Anything unusual related to fire service.

I have heard from several departments and individuals since the last issue and am always here to help you. If you feel you or your department has something of historic significance or need me to assist in your recruitment and retention efforts, please feel free to contact me at pat.thompson@kctcs.edu or by phone at 270-929-9551.

National Volunteer Fire Council



continues to work on their legislative agenda. There are many issues facing volunteer fire departments and the NVFC wants to be sure they are prepared to make a proper presentation to congress. If you have any specific legislative items you want presented, let me know or call the NVFC office. Issues like the following are still priorities

LOSAP legislation continues to gather support; The Volunteer Responder Incentive Protection Act

Volunteer Fire Assistance / Rural Fire Assistance

There are other issues that can be found on the NVFC website.

At this time of the year the NVFC takes nominations for awards that recognize outstanding accomplishments of volunteer firefighters. In the past Kentucky has had two winners – Jack Scheben

'NVFC' continued on next page

received the Lifetime Achievement Award and Fireman Joe received the Fire Prevention Award. Send the nominations to me or to the NVFC office.

NVFC Lifetime Achievement Award is sponsored by Rosenhauer and recognizes a volunteer firefighter with over 20 years of service who has made a major contribution or achieved significant accomplishments in the volunteer fire service.

NVFC Fire Prevention Award is sponsored by First Alert and honors a volunteer firefighter for remarkable effort made in the area of fire prevention.

Junior Firefighter of the Year Award is sponsored by Tyco and honors a junior firefighter or Explorer who has shown extraordinary dedication, commitment, and achievements as a youth member of the fire service.

Junior Firefighter Program of the Year Award is sponsored by Tyco and recognizes a department that has an outstanding junior firefighter program.

All of these award programs have financial components and the presentations will be made in Washington, DC. You must have your nominations in by February 1, 2013. As in the past I will be happy to help anyone who wants to submit a nomination. You can reach me at (859) 462-9056.

A few items of interest:

Ventlab is recalling their manual resuscitators as they may not be providing enough air through the inlet valve. If you are using one of these, contact the company.

The National Counter Terrorism Center has released a document regarding IED targeting of emergency responders

MSA is offering volunteer departments incentive pricing on many products.

Take time to look at www.nvfc.org and learn what the NVFC is doing for you.

I consider it an honor to represent Kentucky's firefighters at the national level. If you have any questions or ideas, don't hesitate to let me know.

Words of Wisdom

Act as if what you do makes a difference. It does. William James

Emergency Service Providers in Crisis

By: Heather Fredenburg

Training and Risk Management Supervisor Emergency Services Insurance Program

Late Sunday afternoon on a beautiful warm and sunny day in a small close-knit community not too far from where I live; our local emergency service heroes fought a house fire. When the smoke cleared, what we had witnessed was violence, injury and death in the community they love and serve.

As I watched the news footage that evening, and continued to watch the investigation un-fold, my heart grew heavy listening to the Fire Chief and numerous others being interviewed. As I listened to the Chief, I was distracted watching the images of emergency service providers in the background as they walked with heads down and sullen faces. The numerous video clips, radio and written media coverage leaves all of us trying to make sense of the intentional loss of a child's life at the hands of a trusted adult.

This scene plays out in numerous communities across our country. How many times have we recently heard of the loss of lives from fires and other incidents in the emergency service profession? I am always saddened to hear of the loss of lives, but add children to that toll and it becomes an even more raw emotion that tightens its grip on my heart and mind. I can't remember the last time I was able to turn the television on or listen to the radio without hearing or seeing a tragedy unraveling in the public eye. Now, add yet another layer of technology, and I can read it first hand as emails are delivered to my inbox daily that report on these tragedies across our country.

We often see an out-pouring of support for the families during these trying times and thank you to those who reach out be that support. The other thought that always rests in the back of my mind is, "how are the emergency service people coping" with this tragic event? Who is supporting them and how?

As "burnout" can happen to the best, the challenges and stresses of being an emergency service provider are unlike those in almost any other profession. And no one knows better than you the kinds of realities that can tax you mentally and

emotionally. Active and retired emergency service providers are at a higher risk for serious problems with addiction, Post-Traumatic Stress Disorder (PTSD) & depression.

As an emergency service provider, chances are you've witnessed your share of disasters, life-threatening events, and human tragedy. The duty you perform with such courage can also lead to serious problems involving: stress, alcohol abuse, drug addiction, anxiety, and depression. In fact, whether active or retired, paid or volunteer, all who answer the call of duty when the fire whistle blows or the pager goes off are at a higher risk for any of these problems mentioned. Problems in these areas can take their toll on your life and those close to you.

Even though emergency service providers might be at high risk for stress as a result of their jobs, it is important to note that most firefighters or other emergency service providers will not develop PTSD. In fact, a number of factors have been identified that may reduce the likelihood of developing PTSD among firefighters and other emergency service providers after the experience of multiple traumatic events. One of the most important protective factors found was having social support available either at home or through work. Additionally, it has also been found that having effective coping strategies available may lessen the impact of experiencing multiple traumatic events.

Seeking out help may be a crucial way of reducing your risk for developing PTSD as a result of experiencing multiple traumatic events. The Centers for Disease Control and Prevention is a good resource as a starting point for more information on coping with a traumatic event at: http://www.bt.cdc.gov/masscasualties/copingpro.asp

Please take the time to take care of yourself and those around you who may be experiencing any of these serious problems. Your dedication to helping others is important, but your own health needs to be well to be able to serve others.

Words of Wisdom

Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing.

— Abraham Lincoln

Alexandria Fire District Turns 75

The Alexandria and Community Volunteer Fire Department organized in 1937. A garage was purchased in the rear of the present Alexandria (Campbell County) Courthouse where backing skills were tested due to the small space. The first fire apparatus was a 1922 Model-T fire truck. The first apparatus purchased was a 1938 Ahrens-Fox pumper. A second piece of apparatus was added in 1954. On June 1, 1959 the fire department moved to its new location on Pete Neiser Drive and worked out of this station until 2000. A used life squad was purchased in 1961 and was the start of the ambulance service for the Alexandria area. In 1976 the fire department became a fire district. The first paid Chief and staff were added in 1997.

Today, 75 years later, the Alexandria Fire District protects 25 square miles with a population of approximately 17,000 residents. The City of Alexandria has an ISO rating of Class 3 and the surrounding county area has a Class 4/9 rating. Equipment includes 2 engines, 1 ladder, 1 heavy rescue, 2 squads (ALS), an ATV unit, and 2 rescue boats. There are 16 career staff, 35 volunteers, and 19 Junior Firefighters/Explorers serving the community.

Chief Jeff Pohlman at (859) 635-5991.

EDUCATIONEDAL CORNER

Websites where firefighters can train for free! National Fire Academy http://www.usfa.fema.gov/nfa/

Emergency Management Institute http://training.fema.gov/Programs/

National Volunteer Fire Council http://www.nvfc.org/training-education

Electric Vehicle Training http://www.evsafety-training.org/

Firefighter Nation http://my.firefighternation.com/forum/topics/more-than-100-free-online

Free Training Materials to be used by department Training Officers.

TRADE Training Courses http://www.feti.lsu.edu/municipal/NFA/TRADE/

The bottom line is no matter how you get the training, the important thing is that you do train.



Legislative Report During the KFA conference Gerald and I reported about a pertinent issue



which will be coming up during this year's legislative session. It will cause possible changes in the retirement system. We have been attending the meeting of the legislature since the conference and they've made some recommendations, which we think will hurt the present pension system and our families. At the KFA conference, I stated that many of the firefighters and their families will be affected by these changes. We also stated we'll have two agendas for the KFA members to help us during the session.

1st We need everyone to contact their House of Representative member and Senator to ask them for support regarding benefits that they have promised and to not make drastic changes to the Pension System. A few small changes would be agreeable. It is agreeable small changes should be made, but not to leave retirees without a COLA in the future. These changes could leave future retirees to live in poverty. They don't need to take a chainsaw type of approach when they should be using a knife. Please contact your House of Representative member and Senator before the Legislature returns on February 5, 2013 to support our pension plan.

2nd We told you that there will be ballots for the election of trustee representing C.E.R.S. members. The ballots will be mailed in a separate mailing from the retirement systems in mid-January 2013 to each member's home address. This election is vitally important to our families, especially now with the pension issue being debated in Frankfort. We have the unique opportunity to elect (2) two Trustee's that will represent us as members of C.E.R.S. to help retain the benefits that our families have earned during their careers. I am asking you to Vote for and help elect David Rich and Ed Davis (who attended the KFA conference) to the Trustee position. We will be voting for (2) two of our own and I ask you to vote for these two to fill both positions.

David Rich retired as a Sergeant with the Louisville Fire Department, serving from October 1973 until January 2000; he is a member of

the Louisville Federation of Firefighters, serves on the Board for the Kentucky Safety and Health Network and is an OSHA Instructor. Ed Davis retired as a Sergeant with the Jefferson County Police Department serving from January 1965 until June 1987; he was elected and served on the Retirement Board from 2001 until 2005. David Rich and Ed Davis are the endorsed choices of the Louisville Professional Fire Fighters Local #345, the Louisville Federation of Retired Fire Fighters, the Kentucky Professional Fire Fighters. and the Louisville FOP lodges, the Kentucky FOP, AFSCME Council 62 and the Kentucky Public Retirees. David and Ed are prepared to devote the time and effort necessary to protect our family's pension investment and to uphold the stated duties of board member to act "solely in the interest of the members and beneficiaries of the Kentucky Retirement System."

PLEASE DO NOT THROW AWAY YOUR BALLOT AND PLEASE VOTE FOR DAVID RICH AND ED DAVIS!!!



Transporta-Kentucky tion Cabinet seeks public input on 20-year plan

Survey will help plan strategy for improved system

FRANKFORT, Ky. (Jan. 7, 2013) - In 2035, what will be our transportation needs for

Kentucky? Will our focus be on maintaining and improving existing roadways, constructing new roads, or issues concerning other modes of transportation? Kentucky Transportation Cabinet officials are asking these questions as they update the Kentucky Long Range Transportation Plan.

In determining the transportation needs for all areas of Kentucky over the next two decades, the updated plan will consider changes in communities, freight movement, financial resources, economic development, rural and urban transportation, the environment and other transportation issues that are impacting you.

The process of updating the Kentucky Long Range Transportation Plan has begun. The new plan will be an overarching policy guide with goals, objectives and strategies to address the core transportation opportunities and challenges facing each of us.

"A strong transportation system is vital to a strong economy and key to maintaining a high quality of life for Kentucky residents and those who travel through the state," Transportation Cabinet Secretary Mike Hancock said. "This longrange plan currently in the works is the perfect way to establish our transportation focus for the next two decades."

As part of the planning process. The Kentucky Transportation Cabinet has designed and will widely distribute a confidential public survey to gauge the transportation expectations of all those who travel the state.

The "Your Turn" survey will run Jan. 9-Feb. 25. It consists of 19 questions concerning demographics, transportation needs and desires, and funding options. Your input will be used to plan for the future transportation system for you, your family and your community.

The survey will be available in electronic and hard copy form in English and Spanish. A link to the "Your Turn" survey and other transportation information can be found by visiting www.transportation.ky.gov and clicking on the "Your Turn" survey link. You can also access "Your Turn" directly at the link yourturn.transportation.ky.gov. This direct link will also provide compiled survey results in late 2013 as well as other information throughout the update of this Long Range Plan.

Paper surveys are available at:

KYTC highway district offices

200 Mero St., Frankfort

- Area Development District offices
- Metropolitan Planning Organization offices
- Transportation Cabinet Office Building,

Call (502) 564-3419 weekdays from 8 a.m. - 4:30 p.m. eastern time for information or to request a survey.

Words of Wisdom

We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love. There is some good in the worst of us and some evil in the best of us. When we discover this, we are less prone to hate our enemies.

Dr. Martin Luther King, Jr.

New Arivals

Vhicle Systems Inc. Garry Williams 800-444-3473



The Grayson Fire Department recently took delivery on new Ferrara Custom Rescue Pumper. The apparatus was purchased from Vehicle Systems. The Chassis is the Ferrara Intruder 2 custom fire chassis; Cummins ISL9 450 hp engine; Allison 3000 EVS transmission; Intruder 2 extended medium cab with 12" raised roof; Seating for 6; 5 SCBA seats with SCBA brackets; Extreme Duty insulation package: 24" extended front bumper with recessed air horns & siren speaker; Polished aluminum wheels

The body is a heavy duty extruded aluminum fire body: Left side full height compartments: Right side 1/2 height compartments with ladder brackets; ROM roll up doors; Extended depth tail board compartment; Full width intermediate rear step; Slotted non-slip running boards and tail board; Heavy duty bolt on rubrail; Stainless steel fenderettes

The pump is a Hale QFLO 1250 GPM; Side panel controls; Class 1 TPG+ pressure governor; LED pump panel lights; Double crosslays; Five 2-1/2" discharges, 2 left, 2 right, 1 rear.

The tank: 1000 gallon poly water tank and the pumper features the Kussmaul Pump Plus with Auto-Eject; Whelen Freedom LED light bar; Whelen Super LED warning lights; Alco-Lite 10'/14'/24' ladders; Two 6" x 10' hard suction with racks and 6" strainer

Congratulations go out to the Grayson FD for their recent acquisition.

KFA Smoke Signals II

Kentucky Firefighters Association Sustaining Members <u>Please</u> remember these members when you have purchasing needs.

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911 Fleet & Fire Equipment Frank Glowatz 11 Lendal Dr Florence KY 41042 877-605-2378 fglowatz@911fleet.com	Nick Gapinski 365 Persimmon Circle Booneville IN 47601 800-853-7675	Donald Hare 418 Airport Road Danville, KY 40422 859-854-0081 haredonald@air-evac.com
Bluegrass Fire Equipment John Baker 780 Enterprise Dr Lexington, KY 40510 800-526-8393 Fax 859-233-1167 www.bluegrassfire.com	Bluegrass Uniforms Inc. Jason Colson 3533 Dahlia Way Bowling Green, KY 42101 270-842-7700 jason@bluegrassuniforms.com	Dove Designs Chris Hays 94 Horizon Loop Monticello KY 42633 888-377-4459 www.dovedesigns.com contact@dovedesigns.com
///EMERGENCY EQUIPMENT MIKE BRADY Res. Equip./Vehicles (859) 359-4502 (859) 359-4503 FAX http://www.EEResQ.com E-Mail: EEResQ@cs.com	Excellance, Inc. Thomas Pugh 453 Lanier Road Madison, AL 35758 800-882-9799 Fax 256-772-8792 www.excellance.com	FAAC Inc. Bill Martin 1229 Oak Valley Dr. Ann Arbor MI 48108 734-761-5836 Fax 734-761-5368 wbmartin@faac.com
Finley Fire Equipment 5255 N. State Route 60 McConnelsville OH 43756 800-545-3280 www.finleyfire.com rebersole@finlyfire.com	Fire Apparatus Division S.D.C. Bob Stark 8009 Beulah Church Rd. Louisville KY 40291 502-239-3120 sdcfire@iglou.com	Fire Department Service & Supply Co. Jay Trautwein 1902 Campus Place Suite 2-3, Louisville, KY 40299 800-321-6965 Fax 502-491-1487
Firecom Corporation Barry Jackson 7340 SW Durham Rd Portland OR 97224 800-527-0555 barry.jackson@firecom.com	Firovac/Reberland Larry Reber 5963 Fountain Nook Apple Creek, OH 44606 330-698-5322 firovac@yahoo.com	GRA-KAT Enviromental Andy White 50 Cherokee Dr, Shelbyville KY 40065 502-321-3110 andy.gra-kat@insightbb.com
High Tech Rescue Inc. James Riddle 2116 Frankfort RD. Shelbyville, Ky. 40065 502-633-0149 Fax 502-633-0659 james.riddle@insightbb.com	Hilliard Enhanced Learning Programs (HELP) Mike Hilliard www.4-help.org sales@4-help.org 888-504-4357 Fax 502-532-0800	Insti. for Preventive Strategies Jessica Melton 2292 South Hwy 27 St 300 Somerset KY 42501 606-677-6000 jmelton@centertech.com
KBEMS Bob Hammonds 300 N Main St. Versailles KY 40383 866-975-2367 Fax 859-256-3128 kbems@kctcs.edu	Kenwood Communications Dave BandKamp, 2060 E. Harbor Road Port Clinton OH 43452 419-734-4200 info@greatlakescomm.com	KY Emergency Management Charlie O'Neal 100 Minuteman Pkwy Frankfort, KY 40601 502-607-1601 charliem.oneal@us.army.mil
Landmark Chiropractic Dr Cole Bergeson 204 Bevins Ln Suite D Georgetown KY 40324 502-868-6008 landmarkchiro@yahoo.com	MapSync Tim Fields 149 Main Street Pikeville KY 41501 606-432-9188 tfields@mapsync.com	National Fire Sprinkler Assn. Ron Brown 1615 Cypress Spring Dr. Ft. Wayne IN 46814 845-661-6534 brown@nfsa.org
On Duty Depot/MPH Ind. John "Red" Noblitt 1040 Mosley St Owensboro, KY 42303 270-685-6423 red@shopmph.com	Orr Rapid Response Michael Kidwell 11601 Interchange Dr Louisville KY 40229 502-494-3687 Fax 800-800-6774 michaelk@orrcorp.com	Paul Miller Ford Inc./ Upfitters Brad Ferguson 975 East New Circle Lexington KY 40505 859-255-4242 bradferguson@paul.millergmline.com

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Royce Publications Robert Boyd 3320 Clays Mill Rd Suite 212 Lexington KY 40503 859-327-8595 rcbyd8898@live.com	Scheller's Fitness & Cycling Bill Goodwin 1987 Harrodsburg Road Lexington, KY 40503 859-873-0699 bgoodwin@schellers.com	Scott Health & Safety Tim Divine 119 Lakeridge Dr Richmond, KY 40475 859-353-5017 tdivine@tycoint.com www.scotthealthsafety.com
Summit Fire Apparatus Joe Messmer 11 Sperti Drive Edgewood KY 41017 859-331-0360 jmessmer@summitfireapparatus.com	Super Vacuum Mfg Command Light Tim Hodgson 3842 Redman Dr Fort Collins, CO 80524 970-290-2532 timh@supervac.com	The Public Safety Store, LLC Sean Lawson PO Box 12266 Lexington KY 40582 606-434-7980 sean@thepublicsafetystore.com
Vehicle Systems Inc. Gary L Williams 629 Shelby Street Lexington KY 40505 859-252-1377 800-444-FIRE (3473) gwilliams@vehiclesystems.net	Vogelpohl Fire Equipment, Inc. William Vogelpohl 2756 Cireleport Drive Erlanger, KY 41018 800-797-8317 Fax 859-282-1550	Volunteer Firemen's Insurance Services Steve Siereveld P.O. Box 17374 • Dixie Branch Edgewood, KY 41017 steve@kpep.net 800-753-6734 Fax 859-331-3734
Ward Diesel Filter Systems 133 Philo Road West, Elmira NY 14903 800-845-4665 Fax 607-739-7092 www.warddiesel.com lisa.gray@warddiesel.com	Wynn SOUTHEAST Apparatus Jon Wise & Kevin Williams 326 Old Lynn Camp School Rd Corbin KY 40701 888-996-6277 www.wynnapparatus.com	Wynn Fire & Rescue Equipment Charles & Kathy Wynn P.O. Box 1585 Corbin, KY 40702 606-523-9269 Fax 606-523-0591 cwynn@wynnfire.com
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LG recalls washing machines after reports of property damage

After receiving 343 reports of washing machines spinning so violently that 187 caused property damage, LG has recalled 457,000 top-loading washing machines sold under its own and the Kenmore Elite brand names. One injury has been reported, according to the recall notice from the Consumer Product Safety Commission.

The problem with the high-efficiency washers is that an unbalanced load can cause them to shake excessively and the drum to come loose, which poses the risk of both property damage and injury to the homeowner. The recall involves three LG and three Kenmore Elite Brand top-loading washing machine models manufactured between February 2010 and November 2011. Four of the models were included in Consumer Reports' test program although none rose to the level of a recommended model.

The units come in beige, white and graphite steel colors and have the following model and serial number ranges, which can be found on a label fixed on the rating plate on the back of the machine.

The recalled models include:

- LG: WT5001CW, WT5101HV and WT5101HW with serial numbers ranging from 002KW******* to 111KW******.
- Kenmore Elite: 29002, 29272 and 29278 with serial numbers ranging from 005KW******* to 111KW*******.

Made by LG in South Korea, the Kenmore Elite models were sold at Kmart and Sears and the LG models were sold at Best Buy, Home Depot, Kmart, Sears and local retailers nationwide from April 2010 to December 2012 for between \$899 and \$1,099.

LG and Sears are offering free in-home repairs and supplying consumers with supplemental information to be inserted into their owner's manual and a caution label to be placed on the washing machine. LG is advising consumers who have observed their washing machine shaking excessively to stop using it until it's fixed. Contact LG at (855) 400-4639 or visit LG's website. For Kenmore or LG washers purchased at Sears or Kmart, call (888) 812-2935 or visit the Sears website.

-Mary H.J. Farrell